GOVERNMENT OF ANDHRA PRADESH HEALTH MEDICAL & FAMILY WELFARE DEPARTMENT

Order No.59/ COVID-19/2020,

COVID Instant Order-59

Sub: HM&FW – COVID-19 – maintenance of home quarantine by mild or no symptomatic Positive patients –guidelines issued-reg

Date:24.06.2020

- Ref:- 1. Covid instant order 41, dated:28.04.2020 issued for maintenance of home quarantine to positive patients
 - 2. Covid instant order-57, dated:13.06.2020 for triaging center

In view of surge in the positive cases and to manage the mild and no symptomatic cases, covid care centres with 1000 beds were established in all the districts. Detailed guidelines were also issued to manage the positive patients at these centres. As per Covid Instant Order No.57 the nodal covid care centre where the initial patient examination facility is available were designated as triaging centres.

The positive persons will be examined at the triaging centres and if found stable and no co morbid conditions and no symptoms will be maintained at CCCs and if any persons without symptoms and stable willing to maintain the home isolation/quarantine (who fulfils the conditions of separate room with attached bathroom at home and no persons above 60 years or children below 10 years at home) will be permitted by the medical officer in-charge of the triaging centre.

The positive patients who opt for home quarantine have to self-monitor their SPO2 levels, Blood Pressure, Temperature and Blood Sugar (Diabetic) levels and report same to the call center every day. The Village / Ward ANM will demonstrate the usage and self recording of the vitals. Details of the positive patients will be pushed to ANM Login and also to the district call centre for daily support.

In each district, a call centre (Teleconsultation) with 10 persons consisting of two doctors and one or two psychologists is to be established to monitor the status of the positive persons in home quarantine/isolation and collect the vitals (temperature, blood pressure, Oxygen saturation, pulse rate and blood sugar examination). The teleconsultation team will, also impart nutrition counselling, self care and psychological support. The details of such vitals are to be recorded in the call center login in MSS website by the call centre and the same will also be reflected in the ANM app for cross-checking by the ANM.

ANMs will ensure the self check of the vitals by the positive patients. The district call centre will provide teleconsultation every day morning and evening and also provide medical care as and when the positive patient seeks

medical intervention. If any person develops symptoms and requires clinical care, the district call centre will inform the RRT to shift the patients to the attached Covid hospital for further clinical management. The attached COVID hospital will be periodically updated about the health status of the persons in the home quarantine so that hospital is ready to receive the patient if required.

On completion of the home isolation/quarantine period of 28 days, ANM and district call centre will facilitate for testing for COVID and if found negative they will be released and if still records as positive, the person will continue for home quarantine for another 14 days and tested again until found negative.

SPECIAL CHIEF SECRETARY TO GOVT

To
All the Collectors & District Magistrates
All the DM&HOs in the State